



Dear Parents/Guardians,

Due to the recent spike of Covid-19 cases The Boys & Girls Clubs of Greater Washington would like to reiterate that all Club Members are required to wear their masks appropriately, covering both their mouth and nose, at all times, in all rooms, including the gym, unless they are eating/drinking while socially distancing themselves from one another. We know that wearing a mask all day may be uncomfortable however, these regulations are put in place to ensure the safety of your Club Member.

Therefore, if a Member struggles with keeping their mask on, covering both their mouth and nose, or refuses to keep their mask on and Club Staff have to consistently remind the Member to keep their mask on both their mouth and nose, that Member may receive a disciplinary write up. If the Member receives two or more consecutive disciplinary write ups regarding their difficulties wearing a mask appropriately, then that Member may be suspended or even expelled from our program.

The health and safety of your Member is our number one priority, and we are committed to protecting them by continuing to take the everyday preventative measures; taking Member's temperatures upon entering the building and again in the afternoon, asking guests/parents/guardians to wait in the lobby instead of coming inside, implementing socially distanced group games and activities, requiring Members to thoroughly wash their hands numerous times a day, and disinfecting Club equipment.

It is also imperative that you, the Parents/Guardians, also stress upon your Club Member the importance of washing their hands numerous times a day, socially distancing themselves from other Club Members especially when they are eating, and wearing a mask appropriately, covering both their mouth and nose all day, in every room, including the gym.

You can also use mnemonic devices to help your Club Member remember to wear their mask properly, wash their hands consistently, and socially distance themselves from one another. Here are a few examples:

- I.C.S - I will wash my hands often
Cover my mouth and nose with a mask and
Socially distance myself from others
- "Beep Beep 6 Feet!" - a catchy phrase to remind members to socially distance themselves from one another
- Singing the Alphabet or Happy Birthday - Singing the Alphabet song or the Happy Birthday song is a mnemonic device that will give your Club member something fun and silly to do while they are washing their hands but it is also a way to make sure your Club member washes their hands for at least 30 seconds or more

We will follow these guidelines diligently to stop the spread of Covid-19. We thank you in advance for your cooperation.

-The Heiser Boys & Girls Club